

Spa Packages

Treat yourself or a loved one to a day at the Spa and enjoy the pool, hot tub and sauna with spa treatment.

ROCKY MOUNTAIN REJUVENATION

approx. 3 1/2 hours **\$295**

A relaxing honey, milk and lavender bath, soothing Aromatherapy massage, European spa facial followed by a luxurious warm milk and flower petal pedicure and manicure.

AROMA RENEWAL

85 min. **\$175**

Full body exfoliation and a one-hour Aromatherapy massage using wild crafted and organic essential oils.

CAVELL CARE

approx. 2 1/2 hours **\$160**

Basic facial, pedicure and manicure.

JASPER JUNIPER DETOX

85 min. **\$155**

Sheets steeped in a soothing and detoxifying blend of herbs are wrapped around your body; you are then cocooned in the warmth of a thermal blanket, followed by a half-hour massage or lymphatic drainage.

SUNWAPTA RENEWAL

85 min. **\$155**

Indulge in the richness of a Moor mud or Seaweed body wrap accompanied with a half-hour relaxation massage.

MELTING MOMENTS COUPLES MASSAGE

approx. 1 hour — per couple **\$180**

Experience our exclusive Day Spa Suite where the two of you may leave the outside world behind – therapists work with you and your partner simultaneously. One hour relaxation massage and champagne for two.

Little Miss Packages

LITTLE MISS PRECIOUS (12 years & under) 60 min. **\$75**

She will be looked after and pampered. Little Miss Precious will receive a Manicure with Polish, Toe Polish and a Mini Facial.

TEENAGE MINI

60 min. **\$85**

A Mini Facial and Mini Pedicure for the young lady keen to experience the pampering and sound professional advice about skin/nail management and care.

Body Treatments

Let the talented hands of our massage therapists melt away the aches and pains of everyday life.

SIGNATURE HOT STONE MASSAGE 55 min. **\$115**

Experience deep soothing warmth and relaxation of heated stones placed and massaged on the body.

AROMATHERAPY MASSAGE 55 min. **\$115**

Aromatic essential oils are applied using the delicate 'Raindrop Therapy' to restore the body's balance and energy centres.

CHOICE OF 10 STYLES OF MASSAGE THERAPY

25 min. **\$45**

55 min. **\$85**

15 min. **\$25**

Seated massage

BODY EXFOLIATION * approx. 45 min. **\$65**

Exfoliate dead skin cells – refresh, rejuvenate & rehydrate

* variety of choices available

BODY WRAP * approx. 55 min. **\$115**

Relaxes, detoxifies and firms the skin leaving it feeling soft as silk

* seasonal choices available

YOGA 55 min. **\$65**

Developing a personal yoga practice

REIKI 25 min. **\$45**

Hands on healing using Dr. Usui's method of natural healing

REFLEXOLOGY 25 min. **\$45**

Relieves stress and improves circulation by massaging various pressure points on your feet

EAR CANDLING 2 candles **\$45**

...extra candles **\$10**

WELLNESS SOAK **\$85**

This treatment is designed to soak away your stress. Enjoy relaxing in our 100 year-old claw foot bathtub, followed by a foot rub, Moor mud, Herbal detox blend, Sea Salt soak or Honey, Milk and Lavender.



Signature Esthetics

Your individual skin type needs individual care. Our European trained skincare specialists will take care of you and all your skincare needs. Beauty begins with your well being. Relax the body; Refresh the mind; Rejuvenate the spirit!!

INTENSIVE EYE TREATMENT 30 min. **\$60**

An intensive treatment utilising 100% organic serums and eye mask to firm, contour and soften fine lines. A course of treatments is recommended for optimal results.

EYE TREATMENT WITH ANY FACIAL **\$40**

LASH TINT/BROW TINT/BROW TIDY each **\$20**

ULTIMATE FACIAL **\$125**

Designed to wake up your senses, the Ultimate Facial uses customized organic skincare, essential oils, hot/cold stones and scalp massage to oxygenate and revitalize your skin; includes eye care treatment.

AROMA FACIAL **\$115**

Liven up your skin and mood with our specially blended organic essential oil treatment.

SPA PEDICURE **\$90**

Treat your feet to this lavish milk and flower petal bath, peppermint exfoliation, paraffin wax dip and hot stone massage.

SPA MANICURE **\$50**

Luxury hand and forearm peppermint exfoliation, massage and the finishing touch of a moisturizing paraffin wax dip.

HERBAL CELLULITE TREATMENT 55 min. **\$115**

Stimulates blood circulation aiding in the absorption of lymphatic fluids

EXECUTIVE FACIAL FOR MEN 60 min. **\$95**

A relaxing and deep pore cleansing treatment featuring 100% organic mask, skin repair treatment and anti-stress facial massage. The treatment incorporates organic skin care to help prevent and soothe razor burn, sensitivity and folliculitis.

TEENAGE BOYS' FACE OFF FACIAL **\$75**